



BASIC FULFORD PERCUSSION



Robert C. Fulford (1905-1997)

Dr. Fulford was a pioneer in the introduction of alternative and energetic medicine in the context of osteopathy. In 1931 he developed an electric percussive device referred to as the Fulford hammer and introduced it to the osteopathic profession as a treatment modality for a variety of complaints. Beginning in the nineteen forties, he developed methods of working in the “energy body” to resolve chronic complaints which had an energetic, emotional, or spiritual component. Dr Fulford emphasized the idea that “thoughts are things” and integrated the use of intention into

manual practice.

Dr. Fulford has been acknowledged prominently by leading alternative medicine proponent Andrew Weil as a major influence in his professional and personal life

Since Dr. Fulford’s death, his work has been carried forward via courses offered by the Cranial Academy and the AAO.

PROGRAM DESCRIPTION

This 3 day course is designed for osteopathic physicians and students who wish to deepen their understanding and application of Dr. Fulford’s techniques while developing their cognitive skills. Each participant will be given the “hands on” experience of working with percussion in a clinical setting. We will examine and review Dr. Fulford’s work with the percussion hammer and will also explore his work with subtle energy. There will be extensive labs for hands on experience using percussors on the body.



SCHEDULE

Day 1 - Morning Session

Introduction, History of Fulford vibration and percussion, Case Studies, Fascia, Bio-electric properties, diagnosis of subtle energy, “tube of water” exercises

Afternoon Session

Polarity, Neutrality, Holograms, Fulford’s fulcrum, shock release, percussion without percussor, basic applications, mechanics of percussors. Raising vibrational energy

Day 2 - Morning Session

Life Energy, E/M fields, A.T. Still, law of Specific Intent, labs: use of percussor on knee, ankle, foot.

Afternoon Session

Lab: use of percussor on trochanter, sacrum/pelvis, breathing exercise, discussion

Day 3

Review, treatment reactions, diagnosis and use of percussor on lumbar and thoracic spine, diaphragm, cervical spine, extremities.